Hindustan Institute of Management and Computer Studies Farah, Mathura Session 2019 - 20

7.3.1 – Provide the details of the performance of the institution in one area distinctive to its vision, priority and thrust.

Holistic Approach of Development: The institute is committed to the holistic development of its students. The institute enable them to explore themselves both academically and other sphere of life. The institute regularly conducts curricular, co-curricular and extra-curricular activities and events for all round development. The students grow academically at the same time they also become socially responsible citizen of India. Soft Skill and Personality Development programs were organized in association with Rubicon supported by Barclays Bank to enhance soft skills and personality development of students. Industrial tour and local visits are organized to understand the local industry needs. Alumni Talk and Corporate Talk Series was organized to keep the students aware of the demands of the industry and to enhance industry-institute interface.

The institute organizes activities and events of Gender Equality. The Institute regularly celebrates Women's Day and has an active and functional Women Welfare Committee to take care of the gender equality. Knowing your rights is the first step towards empowering and protecting yourself. ITC Vivel workshop and interactive session on "Know your Rights" was organized to aware the female students. The initiative was designed to raise awareness about the legal rights that empower and safeguard women.

Constitution Day was celebrated by the Institute. The faculty, staff and students visited the court and had interaction with the Honorable High Court judge. The honorable Judge addressed the gathering and stressed that our constitution is known for its openness, being futuristic and its modern vision. The students were sensitized towards their duties and rights on this occasion. The students were motivated to contribute their bit in the overall growth of the nation.

The social awareness and extension activities are conducted regularly by the institute to make the students learn the role of empathy and to be pragmatic in their approach. Through these social outreach programs, students learn various attribute of a good manager and leadership skills. They use action research to implement various theories learnt in the class rooms. Students are contributing in resolving the local issues with the innovative approaches as they have been exposed to the locality through these social outreach programs.

The staff development programs have been organized regularly to motivate staff to enhance their working skills and improve efficiency. These training programs enable them to create a conducive work environment. The staff members have been engaged in various outreach programs as well. Specially in environmental projects of the institute, they are contributing a lot. The staff members are also engaged in SoS projects.

The mental health of an individual can affect their confidence, productivity, social life, and emotional well-being. There is a growing mental illness epidemic particularly in higher

HIMCS Farah. Mathura education where graduate students have eight times higher rates of severe depression and anxiety. Mental health awareness is an important issue for all educators, who are often the first line of defense for their students. Our team of academic volunteers is being trained to be able to provide the mental health first aid and psychological counseling to the needy under the "Psychologist for You (PFU)" initiative. We are contributing to combating this epidemic by delivering sessions on "Mental Health Awareness", "Save your Friend", and "Mental First Aid" in SGI for both students and staff and on "Role of Psychotherapy in Depression". During COVID 19 pandemic, our students and staff came up with an exemplary Covid support services for covid victims and their family. The institute with the help of students and staff provided the logistic support, essential resources like medicines, arrangement of Oxygen cylinders, food packets, groceries at their door step, sanitizer and arrangement of beds in hospital to the covid affected people of Agra city and nearby.

